

Change in Procedure –
Pre-Certification of Mental Health/Substance Abuse Services

Notice posted March 5, 2009

There has been a change in procedure for pre-certifying mental health/substance abuse (MHSA) services. Pre-certification is no longer required for **routine outpatient** MHSA services. Pre-certification is still required for inpatient, residential, partial hospitalization, or intensive outpatient programs or services.

The types of services listed above, which still require pre-certification, normally involve treatment at a facility. Please contact CIGNA at 1-800-244-6224 if you need clarification of the type of service you may be receiving, and the pre-certification requirements for that service.

Some of the reasons for this change were to streamline administration, allow quicker access to routine treatment, and increase employee satisfaction. This change was approved at the school board meeting on March 3, 2009, and is retroactively effective to January 1, 2009.