

**HIGH SCHOOL MENU
2009-2010**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Cycle I Sep 14 Oct 5 Oct 26 Nov 16 Dec 7	Hamburger/Cheeseburger Breaded Chicken Sandwich Bowtie Pasta/Alfredo/Cheese Chicken Chef Salad California Blend Roasted Potato Medley Tossed Salad Fruit Cocktail & Apple Mix Gelatin	Hamburger/Cheeseburger Nacho Grande Cheese Enchiladas Caesar Salad w/Deli Wrap Broccoli Florets Spanish Rice Refried Beans w/Cheese Pineapple w/Cherries Gelatin	Hamburger/Cheeseburger Chicken Fried Steak/W Roll Corn Dog Tuna Chef Salad Tossed Salad Mashed Potatoes Green Peas & Carrots Mandarin Oranges Gelatin	Hamburger/Cheeseburger Calzone w/Marinara Pizza Sticks/Marinara Vegetarian Chef Salad Fresh Carrots & Dip Green Beans Cauliflower Au Gratin Chilled Sliced Peaches Gelatin	Turkey Burger Cheese/Pepperoni Pizza Crispy Fish/Corn Muffin Turkey Chef Salad Broccoli Florets Turkey Noodle Soup Seasoned Corn Seasonal Fresh Fruit Gelatin	CYCLE I Jan 11 Feb 1 Feb 22 Mar 22 Apr 12 May 3 May 24
Cycle II Aug 31 Sep 21 Oct 12 Nov 2 Nov 23 Dec 14	Hamburger/Cheeseburger Philly Steak Sandwich Orange Chicken/Rice Chicken Chef Salad Stir Fry Mix Veggies Egg Roll Carrots & Cucumbers/Dip Chilled Sliced Pineapple Gelatin	Hamburger/Cheeseburger Nacho Grande Burrito Caesar Salad w/Deli Wrap Fiesta Black Beans Spanish Rice Caesar Salad Fruit Cocktail & Apple Mix Gelatin	Hamburger/Cheeseburger Chicken Nuggets/W Roll Grilled Cheese Sandwich Tuna Chef Salad California Blend Veggies Vegetable Soup Chilled Sliced Pears Wacky Cake Gelatin	Hamburger/Cheeseburger Lasagna/Wheat Roll Grilled Chicken Sandwich Vegetarian Chef Salad Spring Mix Salad Italian Green Beans Cauliflower Au Gratin Seasonal Fresh Fruit Gelatin	Turkey Burger Cheese/Pepperoni Pizza Fish Sandwich Popcorn Chicken Salad Tossed Salad Cole Slaw Seasoned Corn Fresh Orange Slices Gelatin	CYCLE II Jan 18 Feb 8 Mar 1 Mar 29 Apr 19 May 10 May 31
Cycle III Sep 7 Sep 28 Oct 19 Nov 9 Nov 30	Hamburger/Cheeseburger Shrimp Poppers/Corn Muffin Chili Cheese Dog Chicken Chef Salad Macaroni & Cheese California Blend Veggies Blueberry Parfait Chilled Apricots Gelatin	Hamburger/Cheeseburger Nacho Grande Chicken Strips/Biscuit Caesar Salad w/Deli Wrap Broccoli Florets Ranch Style Beans Tortilla Soup Chilled Sliced Pears Gelatin	Hamburger/Cheeseburger Oven Fried Chicken/W Roll Steak Fingers/W Roll Tuna Chef Salad Tossed Salad Mashed Potatoes Mixed Vegetables Mandarin Oranges Gelatin	Hamburger/Cheeseburger Spaghetti/Meat Sc/Garlic Toast Hot & Spicy Chicken Sandwich Vegetarian Chef Salad Caesar Salad Italian Green Beans Warm Cinnamon Apples Fresh Orange Slices Gelatin	Turkey Burger Cheese/Pepperoni Pizza Barbeque Sandwich Popcorn Chicken Salad Stir Fry Mixed Veggies Tossed Salad Seasoned Corn Seasonal Fresh Fruit Gelatin	CYCLE III Jan 4 Jan 25 Feb 15 Mar 8 Apr 5 Apr 26 May 17

*Vegetarian Salads available upon request

*Proposed Menu - subject to change based on - nutrient analysis, item availability, price fluctuations.